

Please join  
US...

## 2018 SD Parkinson's Awareness Conference



Saturday, April 21<sup>st</sup>

Hilton Garden Inn  
South Sioux Falls  
5300 S Grand Circle  
Sioux Falls, SD 57108

## 2018 SD Parkinson's Awareness Conference

### Agenda

#### Saturday, April 21<sup>st</sup>, 2018

8:30 - 9:00 AM	Registration, Resource Fair
9:00 - 9:15 AM	Welcome & Opening Remarks
9:15 - 10:00 AM	<b>Frequently Asked Questions: A PD Specialist's Perspective</b> <i>Mara Seier, MD</i>
10:00 - 10:15 AM	<b>ACTIVE BREAK: SEATED EXERCISES</b> <i>Rick Vandendolder, OTR-L Struthers Parkinson's Center</i>
10:15 - 10:45 AM	<b>Music Therapy, Tami Briggs</b>
10:45 - 11:00 AM	<b>ACTIVE BREAK: ROCK STEADY BOXING</b> <i>Lisa Howard, Program Director The Inn on Westport</i>
11:00 - 11:45 AM	<b>Vision Changes in Parkinson's</b> <i>Rick Vandendolder, OTR-L Struthers Parkinson's Center</i>
11:45 - 1:00 PM	<b>Lunch &amp; Resource Fair</b>
1:00 - 1:45 PM	<b>Maintaining a Healthy Brain</b> <i>Rose Wichmann, PT Struthers Parkinson's Center</i>
1:45 - 2:00 PM	<b>ACTIVE BREAK: PWR! Drumming</b> <i>Avera Therapy</i>
2:00 - 2:45 PM	<b>The Journey of Parkinson's</b> <i>Gary Pauley, PWP</i>
2:45 - 3:15 PM	<b>Stress-Busting for the Caregiver</b> <i>Bobbie Jo Leggett Active Generations/DayBreak</i>
3:15 - 3:45 PM	<b>Parkinson's Panel</b>
3:45 - 4:00 PM	Closing Remarks

\*\*\*Please note agenda is subject to change\*\*\*



Special Thanks to Our Media  
Sponsor





## REGISTRATION FORM

To register please mail this completed form with your payment to:

South Dakota Parkinson Foundation (SDPF)  
1000 N West Ave, Suite 220  
Sioux Falls, SD 57104

### ATTENDEE INFORMATION

Please supply the name of each attendee. This form may be copied for additional attendees.

Attendee 1: \_\_\_\_\_

I am a: \_\_\_PWP \_\_\_Caregiver \_\_\_Family \_\_\_Friend

Attendee 2: \_\_\_\_\_

I am a: \_\_\_PWP \_\_\_Caregiver \_\_\_Family \_\_\_Friend

Attendee 3: \_\_\_\_\_

I am a: \_\_\_PWP \_\_\_Caregiver \_\_\_Family \_\_\_Friend

Attendee 4: \_\_\_\_\_

I am a: \_\_\_PWP \_\_\_Caregiver \_\_\_Family \_\_\_Friend

\*\*\*Only need to include one main address if multiple attendees are registering\*\*\*

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email Address \_\_\_\_\_

### REGISTRATION FEE

\$25 per person for conference

\*\*\*Fee includes breakfast, lunch and snacks during the day\*\*\*

Attendee 1: \_\_\_\_\_

Attendee 2: \_\_\_\_\_

Attendee 3: \_\_\_\_\_

Attendee 4: \_\_\_\_\_

Petals for PD Preorder: \_\_\_\_\_ (\$20 per tulip arrangement)

Petals for PD Donation Gift: \_\_\_\_\_

(To be delivered to local assisted living/retirement centers)

TOTAL: \$ \_\_\_\_\_

### ADDITIONAL REQUESTS

Please mark any of the following

\_\_\_ Escort at drop-off entrance

\_\_\_ Scholarship request – *limited number available*

\_\_\_ Special dietary request: \_\_\_\_\_

\_\_\_ Other: \_\_\_\_\_

### ACTIVE BREAKS

This year’s conference will have “ACTIVE BREAKS” throughout the day. These are shorter breaks that will be presented to the entire group. We are referring to them as “breaks” so you can feel free to get up, move around, get something to eat, etc. in between presentations. Some of these active breaks will include audience participation!

### PETALS FOR PARKINSON’S

The tulip is the national symbol for Parkinson’s disease and we wanted to incorporate this during the month of April to help raise awareness. All proceeds from Petals for Parkinson’s will go toward SDPF programs and services across South Dakota. Arrangements will be available for pick-up at the conference or at Landscape Garden Centers.

### Preorders can be completed by:

- Including the quantity and payment with your conference registration fee
- Ordering online: [www.southdakotaparkinson.org](http://www.southdakotaparkinson.org)
- Ordering by calling the SDPF office: 605.271.6113

All tulip preorders are due by: **FRIDAY, MARCH 30<sup>th</sup>!**

If you are unable to attend the conference, please consider making a gift towards Petals for Parkinson’s. We will be delivering tulip arrangements to local participating senior living communities in hopes to brighten their day, along with raising awareness about Parkinson’s disease!



**Thank You!**